

|                    | <b>Jean Watson</b>   | <b>Margaret Newman</b>   | <b>Rosemarie Parse</b>                                       | <b>Hildegard Peplau</b>                       | <b>Martha Rogers</b>  | <b>Susan Leddy</b>   |
|--------------------|--|--|--|---|---|--|
| <b>THEORY</b>      | Human Caring   | Health as Expanding Consciousness                              | Science of Human Becoming                                    | Interpersonal Relations Model                 | Science of Unitary Human Beings                             | Human Energy Model   |
| <b>Person</b>      | Spiritual - mental - physical being in the world                               | An energy center   | Patterned open being, more than their parts                  | Seeks equilibrium Self system, B - M - Social | Unified, patterned energy field                             | Self organized unitary energy field                        |
| <b>Health</b>      | Inner harmony of mind, body, soul  | Expansion of consciousness                                     | Continuously changing process of becoming                    | Forward movement of personality               | Complexity & pattern innovation of person's energy          | Pattern of the whole                                       |
| <b>Illness</b>     | Disharmony in mind, body, soul   | Part of patterning of whole person - envt interaction          | Part of this process   | Anxiety bound energy symptoms                 | Also a patterning   | Pattern of the whole                                       |
| <b>Environment</b> | Open system coninous with person in time & space                               | Energy field in continous interaction & patterning with person | Mutual and simult interchange with the person                | Fluid context of nurse client relationship    | Energy field in constant interaction with energy of person  | An energy field open to the human being                    |
| <b>Nursing</b>     | Transpersonal human care and caring transactions that restore sense of harmony | Facilitate repatterning to higher consciousness                | Interactional process that facilitates the person's becoming | Therap IPR process For nurse client           | Repatterning of person & envt for maximum health potential  | Knowledge based patterning with goal directed relationship |
| <b>Context</b>     | PhD, Colorado Ctr for Human Caring, 1985                                       | PhD, worked with Quantum physicist, David Bohm, 1978           | PhD, 1981 - fdr Nursing Sc Q & Institute of HB               | Ed.D, 1 <sup>st</sup> pub 1952 - 1991         | John Hopkins U 1 <sup>st</sup> wrote in 1950s, pub in 1970s | Rogers, Eastern phil, Q physics, complexity theory, 1990s  |

