

Martha Rogers' Science of Unitary Human Beings

Wholeness - in which the human being is regarded as a unified whole which is more than and different from the sum of the parts.

Openness - where the individual and the environment are continuously exchanging matter and energy with each other.

Unidirectionality - where the life process exists along an irreversible space time continuum.

Pattern and Organization - which identifies individuals and reflects their innovative wholeness.

Sentience and Thought - which states that of all life, human beings are the only ones capable of abstraction and imagery, language and thought, sensation and emotion.

HUMAN: "an irreducible, indivisible, pandimensional energy field identified by pattern and manifesting characteristics that are specific to the whole and cannot be predicted from the parts".

ENVIRONMENT: Rogers defined the environment as being in constant interaction with the person, or human field pattern manifestation. Furthermore, it has been defined very simply as everything that is not of the human field pattern manifestation,. It has been defined as:

"an irreducible, pandimensional energy field identified by pattern and manifesting characteristics different from those of the parts. Each environment field is specific to its given human field. Both change continuously and creatively."

HEALTH: "health is participation in the life process by choosing and executing behaviours that lead to the optimum fulfillment of a persons' potential" and that "health is a rhythmic patterning of energy that is mutually enhancing and expresses full life potential".

NURSING: "as a science, designates the term nursing as a noun and signifies that nursing is an organized body of abstract knowledge. Traditionally, the term has been used as a verb. Nursing, the science-noun, indicates that there is a body of knowledge specific to nursing." So nursing as a science is using the word as a noun, but Rogers also stated that she believed that nursing is an art, and in that case the word should be used as a verb. This has been consistently reiterated throughout the history of the Science of Unitary Human Beings.

"Nursing seeks to promote symphonic interaction between the environment and man, to strengthen the coherence and integrity of the human beings, and to direct and redirect patterns of interaction between man and his environment for the realisation of maximum health potential".

The goal of nursing according to Rogers' Science of Unitary Human Beings is to promote human-environment field patterning and the nursing process.